

Charlestown East BULLETIN

10th November 2009

James St, Charlestown, 2290 Phone 4943 5173 Fax 4942 2575 Email charlestoe-p.school@det.nsw.edu.au www.charlestoe-p.schools.nsw.edu.au

From the Principal's Desk.....

I had the pleasure of accompanying our Year 6 students with Mrs Harris and Mrs Miller-Brown to Canberra for their major 3 day excursion last week. The students of Charlestown East once again proved they are excellent ambassadors for their school and their families as we visited a large number of venues over the time of the trip. Our coach captain, Geoff (he was also with us last year) has asked us to specifically request his inclusion for next year, as he continues to genuinely sing the praises of our school and its staff on these excursions. The venue guides and hosts all commented on how well behaved and knowledgeable the students were. I would like to especially thank Helen Miller-Brown and Maryanne Harris for their very professional and caring work leading up to and during the trip and Sue Rigley for her organisation for the trip back here at school. Thank you also to the rest of the staff for coping with the change of routine at school, especially with the students in 5M and 5H.

At the school's 50th Anniversary Open Day I discouraged current families from purchasing the commemorative Year Book to allow the copies we had to be purchased by former members of the community who may not be in daily contact with us. We now have a number of the year books available for purchase by our current families so if you haven't yet purchased one, I would encourage you to do so. They are available at the school office for \$15. A clearly marked envelope containing the money or cheque can be brought by your child if you prefer and we will give them a copy to bring home.

Parents of students in Year 5 who would like their child to apply for a selective High School placement in 2011 need to return their information package by this Friday, 13th November. This is necessary to allow us time to fill out our portion of the forms and send them away on time. Please note, applications for other specialist high schools such as sport or performing arts are not included in this process.

In the last bulletin I said that in the Newcastle Permanent Mathematics competition conducted last term there were no higher awards won, but I had been misinformed. It was a pleasant surprise to have a number of credits and distinctions arrive in the post last week. Congratulations to those winners.

I have organised a visit to our school by one of the local Police Youth Liaison Officers this term. Next Tuesday, 17th November, Constable Vanessa will talk to all students in two sessions from 2:15pm. The theme will be to reinforce safe behaviours by our students on the way to and from school and in the general community.

We are organizing our classes for 2010 over the next few weeks and are keen to be as accurate as we can with our anticipated numbers. If your family is not going to be with us in 2010 (apart from Year 6 going off to High School) please let us know as soon as possible. Thank you to those families who have already informed us.

Neil Sneddon
Principal

BLACK FRIDAY FUN

As a Year 6 Fundraiser event the Year 6 executive will be running a Black Friday Crazy Hair day sausage sizzle. There will be a gold coin donation for wearing crazy hair as well as a sausage sizzle for lunch. The gold coin donation will go towards Cystic Fibrosis NSW for research and support of families living with the condition.

The Canteen will be closed on **Friday 13th November** so only sausage sizzle orders will be available on the day.

Any proceeds from the sausage sizzle will go to the Year 6 gift to the school.

Thankyou for your support,
Mrs Rigley and the Year 6 Executive

DIARY DATES

Nov 10th	Yr6 Farewell Meeting 3.15pm.
13th	CANTEEN CLOSED. Yr6 Sausage Sizzle and Crazy Hair Day
16th	Soccer Clinic 5 x ½hr sessions from 9.30am Yr5 Water Watch Training.
17th	Police Talk 2.10 - 3.10pm. P&C Meeting.
18th	Book Fair.
19th	Last Scripture Lesson.
20th	Yr 6 Testing for HS.
24th	Photos: Sports, Leaders, Debaters, Public Speakers.
26th	Stage 2 Excursion to Fernleigh Track.
30th	Yrs 1 - 6 Swim School.

CLASS BULLETIN NEWS

KLD

KLD are enjoying our unit on Fairy Tales. We are doing sequencing and learning about Narratives. We have also been learning our left and right. We are all so clever. Thank you to all our wonderful parent helpers. Without your ongoing assistance, our Reading groups and Play Groups could not run so effectively.

K/1T

K/1T are enjoying visiting another culture so different from their own, that of Japan and we can count to twenty and sing a song in Japanese. We are very proud that we have finished our Go Maths books and now we are going back over some work that we found tricky before.

1H

1H have been working hard writing stories and have had fun changing some stories to make them more interesting. We are relating our own families celebrations to the class as well.

2Z

2Z is working hard in Maths. We have been working on the times tables and telling time by the quarter hour. We will also be working on division soon. Thank you for your support at home with Maths and Spelling homework. Your continued support with home reading is also greatly appreciated!

2/3B

In this term's COGS unit we have been learning about the various systems that make up our amazing bodies. Please bring in a baby photo as soon as possible to complete our display. Remember Swim school starts soon so bring in your permission note and money.

3/4S

In this term's COG'S unit, "The Effects of Growth and Change", we are learning about the history of the Fernleigh Track and the importance of coal mining in the development of the local area. Our maths units are concentrating on related multiplication and division facts. Please practise your tables!

4B

Our times tables are improving so keep practising!!! Swimming school is approaching so make sure you have your money in! 4B are really enjoying our P.E lessons with our Frisbee throwing improving and our challenge of dodge ball with 5V.

5V

The science assignments based on an electrical circuit are fantastic! Many thanks to the people who presented them on the due date. Please maintain your mental computation strategies.

5/6H

What a FABULOUS time Year 6 had in Canberra over the last three days of last week. They were model students and represented our school well. Congratulations everyone! Congratulations also to everyone for the excellent presentation of Science assignments on an electrical circuit. The models were superb.

5/6M

Thank you all Year 6 for a wonderful time in Canberra, it was the best yet! Year 5 also worked well I hear. Your science models are so interesting; I am learning heaps. I hope you are too.

LIBRARY

Don't forget Wednesday 18th November—the annual Bookfair!

Where--- the Library

When---- 8:15 a.m.

Who----- Scholastic Books

Why----- to buy/add more resources to our fabulous library!

Be there, you'll have a great time!

COMPUTER

What fantastic work stage 3 are doing! I am impressed by their willingness to learn and apply new strategies or skills. Well done! Kindergarten are also flying ahead learning about logins and passwords.

QUALITY EDUCATION AWARDS: Weeks 3 and 4

KLD

Week 3

Flynn Mills
Luke Browne

Week 4

Lucas Beutement
Destiny Fenton

K/1T

Week 3

Myles Matheson
Luke Wilson

Week 4

Eric Clement
Grace Burgess

1H

Week 3

Abby Cook
Jayden Bosevski

Week 4

Zane Walker
Nathan Davies

2Z

Week 3

Jackson Parkes
Ryan McKenzie

Week 4

Haylee Wilson
Jasmine Woolgar-Robe

2/3B

Week 3

Zachery Bell
Georgia Hall

Week 4

Tayla Hicks
Olivia Robinson

3/4S

Week 3

Charlotte Bartholomew
Bailey Miles

Week 4

Gemma Browne
Stella Flick

4B

Week 3

Zoe Harrison
Prani Kennedy
Adam Rylewski

Week 4

Cody Bryant
Claire Beverly

5V

Week 3

India Bignall
Tahlia Ford

Week 4

Reid Camardi
Jade Walker

5/6H

Week 3

Gemma Morgan
Brooke Farr

Week 4

Emma Lewis
Jasmine Green
Michael Sturn

5/6M

Week 3

Torey Dipper
Caroline Coleman

Week 4

Noah Ashton
Hannah Beeton

COMPUTER

Week 3

Georgette Grant
Tully Dickson

Week 4

Ammie Spiers
Emma Lewis

LIBRARY

Week 4

Kirra Searant
Liam Michels
Eric Clement

ENVIRONMENTAL AWARDS FOR CEPS

CEPS has won \$200 in the LMCC Environmental Awards for the third consecutive year.

Congratulations and thank you to Kim Tennant and Angela Brown for entering us and preparing the enclosure for judging. In 2010 we would like to see a whole school effort and hopefully take out the major prize.

Also reflecting the commitment to environment matters; CEPS won the Term 3 LMCC Schools Eco Project Award. To win this, points were awarded for various criteria. We won with 36 points, 16 more than the next entry. If you have reduced either your electricity or water bill, give proof of this to Mrs Miller-Brown as this wins points for the Term 4 judging. It is good to see so many are becoming involved.

The Environmental Management Group has great things planned for 2010. If you would like to join us contact Mrs Miller-Brown.

Well done everyone
Helen Miller-Brown

SAMARITANS CHRISTMAS FOOD AND PRESENT DRIVE

This year we are running the annual Samaritans Christmas Appeal.

In this bulletin there is a list of non-perishable food items we can accept. We are also running Christmas gifts and toiletries.

Week 5 is Food for thought week - we think about those less fortunate when shopping and donate 1 non-perishable box or bag food item to the appeal.

Week 6 is Canned week - we select cans or jars of food to donate.

Week 7 is Smell sweet for Christmas week - we select toiletries (shampoo, toothpaste, soap etc) to donate.

We would also like everyone to dig deep and give a gift. This may be as simple as a packet of socks, anything is appreciated. All gifts are not to be wrapped as the Samaritans do this when they make up a family parcel to suit a particular family.

We will be running a class prize for the most donated each week to allow the students to have some fun while donating to a worthwhile cause. All donations are to be dropped off to the computer room with the child's class and/or name on the bag or loosely attached to the item.

Thankyou,
Year 6 Executive

TERM 3 JUNIOR LANDCARE AWARDS

At a recent K-6 assembly, awards were presented to the following students for their regular assistance with activities related to the enclosure.

These include watering and caring for the seedlings and plants, collecting fruit and vegetable scraps and pencil shavings from the classrooms and teabags from the staffroom for the composter. Your efforts are greatly appreciated.

Destiny Fenton, Paige Carr- KLD

Keira Searant-K/1T

Natasha Weir- 2Z

Kara Barry, Lachlan Stace, Katherine Tennant, Samantha White-5V

Mrs Kathy Simcoe

On behalf of the Environmental Committee

THE NEWCASTLE PERMANENT HUNTER REGION MATHEMATICS COMPETITION RESULTS

Since the previous bulletin, results for this competition have arrived and students have been presented with their certificates. We are very proud of our excellent results! There were **11 distinctions** and **30 merits (credits)** awarded. Congratulations everyone who participated in this competition!

Distinctions:

Year 5: Brooke Farr 5/6H, Harry Flick 5/6M, Lucas Mackaway 5/6M, Kaitlyn Simm 5/6H

Year 6: Isabella Battersby 5/6M, Duncan Brown 5/6H, Jed Dhnaram 5/6H, Jasmine Green 5/6H, Holly Harris 5/6H, Ashley Helman 5/6M, Hannah O'Callaghan 5/6H

Merits:

Year 4: Callen Brzozowski 4B, Andrew Dunford 4B

Year 5: Lili Allon 5/6H, Luke Buckley 5V, Sasha Edwards 5/6H, Liam Fitzgerald 5V, Travis Hall 5/6M, Bill O'Brien 5/6M, Laura Scally 5V, Rhys Searant 5/6M, Lachlan Stace 5V, Jeremy Wilkins 5/6M

Year 6: Ella Armstrong 5/6M, Emma Beecham 5/6H, Joshua Chillingworth 5/6M, Montana Curry 5/6H, Torey Dipper 5/6M, Korey Duff 5/6H, Nicholas Georgoussis 5/6M, James Gordon 5/6H, Emma Lewis 5/6H, Liam McIlveen 5/6M, Gemma Morgan 5/6H, Elizabeth Onions 5/6H, Chloe Powell-Abrook 5/6M, Amelia Rhodes 5/6M, Tayla Scott 5/6H, Rachel Spaan 5/6M, Kai Wallace 5/6H, Tanika Wilson 5/6H

Mrs Kathy Simcoe
Relieving Assistant Principal

CHILDRENS CONTRIBUTIONS : CANBERRA

On Wednesday morning about 7.30am all year 6 boarded the bus, and got comfortable for a six hour drive to Canberra. Everyone was so excited for the first couple of hours nobody slept. Until we realized we still had many hours to go.

When we arrived in Canberra we went to the National Archives. We saw many things there including The Captain Cooks water jet in the lake outside which shoots water 100m high when there is no wind.

From there we went to the museum. There we got put into groups and got given a camera and told to explore the museum and take pictures of important things of our past.

After we finished at the Museum our bus driver Geoff took us to our Motel, The Best Western, to have dinner and to get ready to go to Telstra Tower or Black Mountain.

We spent about two hours at Telstra Tower where we were allowed to get ice creams. At night the Telstra Tower looks really nice, it changes colour constantly. We then went home to our motel and went to our rooms.

The next day we woke up early and went down to breakfast. We then boarded our bus and Geoff took us to look at the embassies. We learnt that if their national flag was flying the prime minister of their country was there.

After the embassies we went to the electorate education centre at old parliament house. There we learnt all about voting and even acted out what it would be like voting. We even had ballot boxes and candidates who you could vote for.

We then left to go to the art gallery where we got taken around the gallery. We looked at different artworks including a very famous painting, 'blue poles' by Jackson Pollock.

Once we had finished our tour we went to the Australian Institute of Sport where we looked at the different arenas for different sports including volley ball, gymnastics, swimming and the gym. At the end we went to this game centre where we did different sport activities.

After that we went to the Australian War Memorial. We looked all around and looked at the different people who served at war and stayed there to watch the closing ceremony.

That night we went bowling. I won my game. Once everyone had finished we headed back to the motel.

On our last day we all had breakfast and boarded the bus to go to Parliament House. We acted out a scene where we were in the House of Representatives and the government wanted to make a new law. I was the prime minister, Elizabeth was the speaker, Michael was the sergeant in arms and Nicholas was the opposition leader. We then had a tour around.

We then went to QUESTACON!!! Yay! For many people this was the highpoint of the trip. The freefall was so fun, it was 6.7m high. There was also this really fun ride called 'the track attack' where you got into this cart and there was a screen in front of you and the machine would move with the rollercoaster track on the screen.

After Questacon we got on the bus and headed home.

By Emma Lewis 5/6H

On Wednesday the 4th November I had to wake up at 6 am to catch the 6.40 bus at Charlestown East which went to Canberra.

The bus trip was fun and boring in some parts. We went past the giant ram which was fake and some people took photos of it.

When we got to Canberra we had a lunch break and played on the playground for half an hour.

After lunch we got back on the bus and went to the National Archive where we had a guided tour by an old man. He told everybody about the history of Canberra.

When the guided tour was over we got back on the bus and went to the museum. We did some group work, and then we watched a boring movie and had a guided tour of the museum.

At 4.30 we got on the bus and went to the Best Western Motel. We got in the rooms and got ready for Telstra Tower. I was with Korey, James Nicholas and Ashley.

At 6pm everybody had fish and chips with peas for tea. Then it was cheese cake with strawberry topping.

After dessert we went to Telstra Tower for one hour. You could get some food and at night. Telstar Tower changes colour.

When we got back from Telstra Tower we had to go to bed and get ready for the next day.

By Michael Sturn 5/6H

On Wednesday 4th November year 6 went to Canberra for 3 days and we got back on Friday 6th November. We did so many interesting activities but my favourite one was 'Questacon'.

When we first got into Questacon there was a lady that told us all the rules before we went on all the rides and activities.

In the first room the best activity was where you had to throw a ball at a target as fast as you can and it would tell you how fast you threw it. Kai and I got 100kph.

The best activity in the second room was where you held in a button and you had to count to 15 seconds in your head and when you get to 15, you let go of the button and see if you got 15 seconds on the screen.

The third room had a ride called the earthquake. It just told you that an earthquake was going to happen and then made loud noises and the floor shook, it wasn't really that good.

The last room was the best because it had many rides. One of the rides was a rollercoaster but you sat in this cart that moved up and down and side to side. There was a screen in the cart and the cart moved at the right time when the screen moved. Another ride in the last room was a slide called 'free-fall'. It's where you hang from a bar for 5 seconds and then you dropped about 6.7 metres. It was awesome. There was also a fake guillotine. It was really scary.

The last ride at Questacon that I went on was called 'Curve-ball'. Its where these two people sat on either side and it spins around really fast. You have to try and throw a ball to the other person but it curved so much.

At the end of Questacon I bought lots of fun things at the souvenir shop.

By Duncan Brown 5/6H

On 5 November '09 Yr 6 went to bowling at Canberra. When we arrived we went to the games section for about 15 minutes. I played a game where you had to stop the light on a number and what number you got that's how many tickets you got. I got a bonus 3 times and I ended up with 609 tickets.

After the games we went over to bowling. We had to put our names on a screen and we could play. There were 6 people in my group.

I bowled 3rd. When it was my turn to bowl I got a strike! My total score was 103.

Once we finished bowling we went back to the games section for about 10mins. I couldn't play I had no more money left.

Once we finished there we got on the bus and went back to the hotel.

By Joshua Irwin 5/6H

CANTEEN

As the Slush Puppie machine broke last week, the Canteen Committee have made the decision to no longer continue with the Slush Puppies. We will instead be continually changing our selection of icecreams/blocks. We currently have Chocolate or Triple Swirl Billabongs for \$1-20, Strawberry or Banana Mini Gelato cups for \$1, Boost Mango Smoothie Iceblocks \$1-20, Icecream Cups for 80c, Passionfruit or Mango Yoghurt Cups \$1-20 plus the usual ice treats.

Whilst non of our students were lucky in winning the major prizes for the fruit promotion last term 'Join Forces & Win' the canteen won an Apple Slinky Machine which since we already have one it will be used in a fundraising event next year.

FRUIT 'N' VEG BOXES

Don't forget about this ongoing fundraiser. \$5 from each box is retained by the school. Orders must be placed by 3pm Tuesday and they are available for collection from the office from 2pm Thursdays. Last week's boxes contained:

Small Mix Box 1 \$20

4 red apples, 4 green apples, 6 oranges, 4 kiwifruit, 1.5kg chat potatoes, 1kg bananas, 1 cauliflower, 1 pineapple, 1/2kg tomatoes, 1 lettuce, 2 lebanese cucumbers

Large Mix Box 2 \$30

8 oranges, 6 red apples, 4 lebanese cucumbers, 1kg medium bananas, 6 green pears, 1 cauliflower, 2kg potatoes, 2 mangoes, 1kg peaches, 1 lettuce, 1kg tomatoes

Fruit Only Box 3 \$25

8 green apples, 8 red apples, 6 oranges, 2 mangoes, 6 pears, 1kg bananas, 1kg peaches, 1 pineapple

Veg Only Box 4 \$25

2kg potatoes, 1 green capsicum, 1bok-choy, 1kg carrots, 2 broccoli, 1 lettuce, 4 zucchinis, 4 lebanese cucumbers, 1 cauliflower, 1kg roma tomatoes, 1 butternut pumpkin

All fruit and veg comes directly from the markets and is of top quality. Save yourself some time shopping and support this healthy fundraiser.



CANTEEN ROSTER

11.11.09
Narelle
Chillingworth
Richelle Browne

12.11.09
Sue Mace
Bronwyn Thomas
PM Angela Brown

13.11.09
CANTEEN CLOSED
YR 6 SAUSAGE SIZZLE

16.11.09
Megan Weary
Maria Eggington

17.11.09
CANTEEN CLOSED

18.11.09
Kathryn O'Callaghan
Di nicol

19.11.09
Gary Clement
Lee-Ellen
Robinson

20.11.09
Jenny Battersby
Lynne Donnelly

23.11.09
Vicky Scott
PM Cynthia Boyd

24.11.09
Kim Tennant
Raylene Mace

25.11.09
Natalie King
Stephanie Harrison

26.11.09
Carmen Kerr
Liz Rusev

27.11.09
Jennifer Mills
Sarah Woolgar-Robe



This Christmas spare a thought for those less fortunate.
A small donation of food can make a massive difference.
Suggested non perishable food items...

Breakfast and lunch

- Long life milk
- Cereals
- Tins of tuna
- Baked beans
- Soup
- 2 minute noodles
- Tins of fruit

Dinner

- a can of tomatoes
- a packet of rice or pasta
- a jar of pasta sauce,
- a canned meal such as braised steak and vegetables.

Extra Treats

- Vegemite
- Peanut Butter
- a tin of Milo
- a packet of tea bags
- a jar of coffee
- a packet of biscuits

Each year Samaritans provides more than 11,000 families with emergency assistance and relief throughout the Hunter and Central Coast regions.

Drink water first!

Nutrition Note

Here are some good reasons to drink water not sweetened drinks like fruit juice, soft drinks, energy drink and sports drinks

- Many of our favourite drinks, especially juices and soft drinks, contain acids that can dissolve the hard structures of your teeth (the enamel and any exposed roots), leaving the inner parts of teeth exposed, which leads to sensitivity.
- Regular soft drinks, cordials, sports drinks and flavoured mineral waters can contain a high amount of sugar and energy. Children who drink soft drinks and other sweetened drinks are more likely to be overweight. These drinks so should only be consumed occasionally (no more than twice a week). Even low joule drinks contain food acids that can add to dental decay.
- Research has found that dental erosion affects up to 43% of adults and 80% of children.
- The major constituent of energy drinks are sugar and caffeine. On average a 237 ml can of energy drink can contain at least 80 mg of caffeine (the same as a strong cup of coffee). Caffeine is also found in some soft drinks, where the levels can occur in the range of 40–50 mg per 375 ml can.
- Caffeine is mildly addictive stimulant drug which can have many negative effects these include disturbed sleep patterns, bedwetting and anxiety. Withdrawal symptoms such as headache, fatigue, decreased alertness, depressed mood and irritability can be experienced 6–24 hours after caffeine consumption, even from low doses.

EAST COAST TAEKWONDO ACADEMY



MEMBERSHIP (CONDITIONS APPLY) Limited Offer!

- INCLUDES**
- Free Uniform
 - Free 1 Month Training
 - Student Insurance
 - TKD Introductory DVD

CHARLESTOWN EAST PUBLIC SCHOOL

THURSDAY: 6PM - 7PM IN THE SCHOOL HALL
STARTS 29.10.2009
AGES 4 AND UP
INSTRUCTOR: ANDREW LING
FREE TRIAL LESSON

CHRIS PENNINGTON 4392 3625 or 0416 102 487

www.taekwondoeastcoast.com.au

Hunter Wetlands Centre Australia



GET SNAPPING! PHOTOGRAPHY COMPETITION!

Bring your camera to the Hunter Wetlands Centre and capture Our Wonderful Wetlands! Open and junior (under 15yrs) Categories – Great Prizes to be won!

- Photographic Courses from Hunter Region School of Photography
- Your pictures in a Wetlands Postcard Series
- Lots of gift vouchers and other prizes
- \$500 Peoples Choice Award from The Newcastle Herald

Entries close Mon 30th November.

Exhibition Dec 10 – Jan 28.

See www.wetlands.org.au for details or call ph: 4951 6466.

Kid's Fun Club Christmas Workshops

At Whitebridge Uniting Church
the roundabout Whitebridge
Wednesday 2nd December

Workshop 4pm - 7pm

Wednesday 9th December

Workshop 4pm - 7pm

Cost \$5 per workshop

(includes Meal and Christmas Craft)

Registrations Essential by 28th November:

Charlestown Uniting Church Church Office Hours

P O Box 449 Mon, Tues, Thurs

Charlestown. 2290 9.30am to 1.00pm

Friday 9.30am to 12noon

Enquires **Cathy on 49437562** or **Laraine on 4944 7826**

Or Church Office on 4943 4019



The Linked Congregations of Charlestown, Garden Suburb & Whitebridge Uniting Churches invite you & your friends to their **Annual Art Exhibition** to be held in the Charlestown Uniting Church, 24-26 Milson Street, Charlestown on:-

- Friday 27th November, 6pm – 10pm.
- Saturday 28th November, 10am – 6pm;
- Sunday 29th November, 10:30am – 8pm, this includes a shared BBQ tea at 6pm. Gold coin donation towards the cost of the BBQ.
- Mercia Buck will Officially open the Exhibition on Friday Evening at 7pm.

There is no admission charge to the Exhibition & all Art works are For Sale.

The complex has wheelchair access.

For further information please contact me on 4943 2718.